



Speech Exercise

In order to help you learn to speak more clearly with your new orthodontic appliance, we have included The Rainbow Passage for you. This passage was developed by speech pathologists, and contains all of the sounds and most of the combination of sounds found in the English language. We recommend practicing The Rainbow Passage aloud three times per day, until your speech sounds normal. This usually takes just a few days.

The Rainbow Passage

When the sunlight strikes raindrops in the air, they act like a prism and form a rainbow. The rainbow is a division of white light into many beautiful colors.

These take the shape of a long round arch, with its path high above, and its two ends apparently beyond the horizon. There is, according to legend, a boiling pot of gold at one end. People look, but no one ever finds it. When a man looks for something beyond his reach, his friends say he is looking for the pot of gold at the end of the rainbow.

Throughout the centuries men have explained the rainbow in various ways. Some have accepted it as a miracle without explanation. To the Hebrews it was a token that there would never be any more universal floods. The Norsemen considered the rainbow as a bridge over which the gods passed from the earth to their home in the sky.